

Fundamentals Football Clinic

Monday – Thursday

August 10 – 13

LOCATION:	Bridgewater-Raynham Regional High School
CAMP DIRECTOR:	Dan Buron, Head Coach – Bridgewater Raynham
CONDUCTED BY:	The Bridgewater Raynham Football Staff And other area High School Coaches

*****A Certified Trainer will be on staff at all times*****

**Instructional Football Clinic for Players entering Grades 3-9
Shoulder Pads and Helmets**

Players will be grouped according to grade, size and experience

Player to Coach Ratio-10:1

\$100.00 – 12 Instructional Sessions/Motivational Speakers

Daily Schedule

3:30 – 4:00	Arrive	5:25 – 6:10	Offense/Defense Session II
4:00 – 4:30	Flexibility, Agilities	6:10 – 6:20	Break
4:30 – 5:15	Offense/Defense Session I	6:20 – 6:55	Group Drills
5:15 – 5:25	Break	6:55 - 7:00	Coaches Talk

FREE CLINIC FOR YOUTH COACHES

Youth Coaches are encouraged to come and observe the Drills

APPLICATION

Name:		Phone:	
Address:		Town & Zip:	
Grade in Sept. 08:	(circle one) 3 4 5 6 7 8 9		
Offensive Position:	(circle one) Quarterback - Running Back - Tight End - Wide Receiver - Offensive Line		
Defensive Position:	(circle one) Defensive Back - Linebacker - Defensive End - Defensive Line		
T-Shirt Size:	Adult: S M L XL XXL Youth: S M L XL		
Tuition is \$100.00		Mail Application & Check to:	
Make checks payable to: Fundamentals Football Clinic		Daniel Buron	
508-697-5151		66 South St.	
		Bridgewater, MA 02324	

Additional Information and Forms will be sent prior to camp.